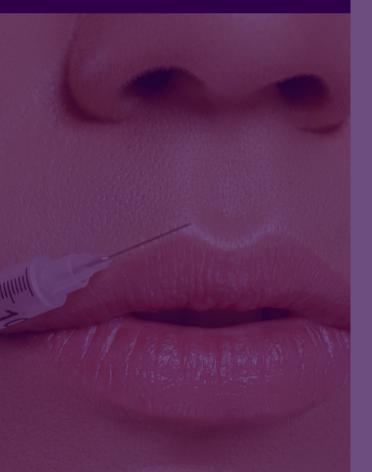




DISCLAIMER: THE INFORMATION PROVIDED HERE IS AT A HIGH LEVEL AND IS NOT EXHAUSTIVE. DETAILED INFORMATION WILL BE PROVIDED AT THE TIME OF YOUR CONSULTATION ALONG WITH A COMPREHENSIVE INFORMED CONSENT FORM.

## PRETREATMENT INSTRUCTIONS

- Avoid things that can thin the blood and increase the risk of bleeding 24 to ideally 48 hrs prior to treatment. These include but are not limited to alcoholic beverages, anti-inflammatory medications such as aspirin and advil, tree tea and fish oil
- Schedule your Dermal Filler and Botox appointment at least 2 weeks prior to a special event which you may be attending, such as a wedding or a vacation
- Reschedule your appointment at least 24 hours in advance if you have a rash, cold sore or blemish on the area
- If you have a history of cold sores please let your provider know, we may put you on an antiviral medication prior to treatment



## POST TREATMENT INSTRUCTIONS

- Avoid applying makeup to the area for 12 hours post-injection
- Avoid manipulation or massaging of the area unless instructed otherwise
- Avoid strenuous exercise for 24 -48 hours following the injection
- Avoid Consuming alcoholic beverages for 24 hours following the injection to reduce bruising
- Avoid prolonged exposure to sunlight or UV light for 2 weeks after the injection
- Avoid extreme heat or cold, including saunas and/or hot tubs for 48 hrs post injection
- Contact us if you have any concerns