

DISCLAIMER : THE INFORMATION PROVIDED HERE IS AT A HIGH LEVEL AND IS NOT EXHAUSTIVE. DETAILED INFORMATION WILL BE PROVIDED AT THE TIME OF YOUR CONSULTATION ALONG WITH A COMPREHENSIVE INFORMED CONSENT FORM.

PRE TREATMENT INSTRUCTIONS

- Do not wear makeup on the day of treatment
- Avoid treatments that may irritate the skin one week prior to treatment (ie waxing, chemical peels etc)
- Notify clinic with any changes to your health history or medications since your last appointment
- 48 hours before your procedure stop taking: Aspirin, Ibuprofen, Excedrin, Motrin, ginkgo biloba, ginseng, flax oil, cod liver oil, fish oil, vitamin A, vitamin E and other essential fatty acids and refrain from drinking alcohol to minimize risk of bruising



POST TREATMENT INSTRUCTIONS

- You will likely experience some redness and swelling for up to 24 hours after treatment, although it can last longer
- There should not be any discomfort after the treatment is completed and therefore no need for ongoing pain management
- Most people can start wearing makeup 24-72 hours after the treatment.
- Contact us if you have any concerns