

DISCLAIMER : THE INFORMATION PROVIDED HERE IS AT A HIGH LEVEL AND IS NOT EXHAUSTIVE. DETAILED INFORMATION WILL BE PROVIDED AT THE TIME OF YOUR CONSULTATION ALONG WITH A COMPREHENSIVE INFORMED CONSENT FORM.

PRE TREATMENT INSTRUCTIONS

- Avoid sun exposure and use SPF 30+ for 2 weeks prior.
- Discontinue use of retinoids or exfoliants 3-5 days before.
- Avoid chemical peels or laser treatments 2 weeks before.
- Arrive with clean, makeup-free skin.



POST TREATMENT INSTRUCTIONS

- Avoid sun exposure and apply SPF 30+ daily.
- Use gentle skincare; avoid active ingredients (retinoids, acids) for 5-7 days.
- No makeup for 24 hours post-treatment.
- Avoid heat (hot showers, saunas) and strenuous activities for 48 hours.
- Contact us if you have any concerns.